

Water Station Radio Instructions

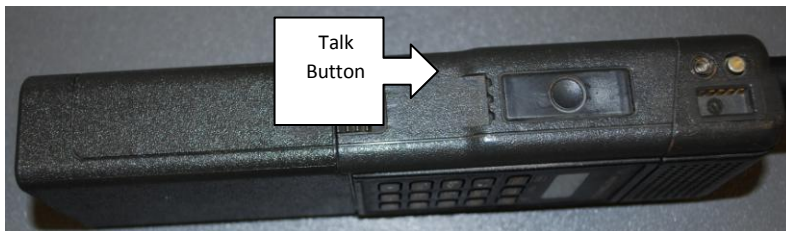
The City of High Point is providing radios to be used during the NC Marathon. Each Water Station will be provided one radio. These radios are to be used to receive information about the race or to send information about the following:

1. Runners needing medical attention.
2. Runners needing "SAG" wagon rides.
3. Need for additional water station supplies.

To turn the radios on, turn the volume knob on the top. The middle knob switches between talk groups but yours will be set to the proper group (channel E) so you shouldn't have to change it. The red button is inoperable so you don't have to worry about it.



To talk on the radio, first listen to see if anyone else is talking – only one person can talk at a time. Then press the button on the left hand side of the radio – wait



one second – then talk. When you have finished talking, release the button.

Keep your conversations brief and to the point. Identify yourself and the situation. For example:

- "This is Water Station # 5. We have 2 runners who need a SAG wagon."
- "This is Water Station # 9. We have one runner who needs medical attention. They are vomiting and too weak to stand."
- "This is Water Station # 11. We need more water and Gatorade."

